
Queen City Clubhouse



APRIL NEWSLETTER

APRIL 28, 2025

Planting Seeds of Hope



Introduction

Welcome to our monthly edition of the Queen City Clubhouse Newsletter! This is a space for our members to read about monthly clubhouse news, upcoming events, read submissions from other members, learn more about clubhouse standards, and learn more about a specific member of the community we call the “member spotlight.” If you are interested in becoming a newsletter writer or turning in a member submission, please let Meghan Seiler know during clubhouse hours or at mseiler@qcclubhouse.org. Thanks for reading!

Clubhouse News:

Transitional Employment

Written by: Betsy Fischer

Here at QCC, we are hard at work on getting our Transitional Employment (TE) program up and running. This program will enable some members to hold part-time job positions in the community for an approximately 6 to 12 month period.

I am very excited to announce that I will be participating in this program with a new TE position as a snack vending machine specialist.

I will be in charge of stocking and maintaining the snack machine for Greater Cincinnati Behavioral's staff to use on the fourth floor of our building.

It's already been an exciting adventure. I've been working with Natalie to get the machine ready, and we discover through trial-and-error that several of the snack dispensing sections don't work!

So, in the true spirit of hands-on work at the Clubhouse, we worked side by side to take apart the machine to determine the problem. It looks like a few of the motors don't work. But this won't deter us! I am working on stocking and programming our machine with snacks in all the working sections so it will be ready for its May debut! After we make some money on our enterprise, we will get new parts for the malfunctioning areas of the machine.

I feel so proud of the work I've already gotten done in my new role - I can't wait until the position really takes off! I am so grateful for the Queen City Clubhouse and all the opportunities it provides for my growth and recovery.



April Inning: Reds Watch Party and T-Shirt Making

Written by Steve: The inning was well put together. We made T-shirts, ate snacks, and watched the Reds game. That was my first time seeing a T-shirt being made. It was interesting! I love the way my T-shirt turned out.

April Outing: Tunes and Blooms at the Zoo

Written by: Sharon Pittman

We went to the Zoo's Tunes and Blooms. We listened to music and walked around the zoo. Most of the animals were not out, but one lonely elephant, who was rocking back and forth and throwing dirt on itself, was. We saw plenty of flowers, really pretty flowers. We stuck our faces in these cut outs and got our pictures taken. Natalie was yelling at us to stick our head further in the cut out. It was fun, and we left at about 7:30p.



Fish Fry!

Written by: John Fain and Hallie Foy

Our fish fry was a success! A lot of people worked together to make delicious fish. Everyone worked really hard to make it a smooth and fast experience for our guests. Membership took orders, P.A.D. ran the snack bar, and hospitality cooked the food. We made about \$300! In the

future, we might try another fundraiser but offer chicken or beef instead of fish to see how that affects our sales.

Food Drive

Written by: Ken R

The Queen City Clubhouse hosted a food drive and invited GCB to keep our pantry closet full. We were sure to thank member Betsy's kin for their help with donations and people who helped with donating items to help Queen City Clubhouse. Thanks for donators reaching out and helping the community have support.

Changes to Schedule

Written by: Daryl Crooms

Starting in April, we changed our hours to make the program better. We support each other here. We thought it would be more supportive and engaging if we stayed open until 4:00p instead of 3:30p. Also, we pushed back lunch by 30 minutes to allow for more room in the morning work-ordered day. Our meeting times also changed a little bit.

I think we have done a great job of helping people understand the new hours and how they can support members. I like being open until 4:00p. I liked having lunch at 12:00p but I think it's good that we have more time in the morning. Overall, I would rate our new hours as a 10/10, I love them.

Upcoming Events

Written by: P.A.D.

May 1st: Clubhouse Ohio Media Team at QCC

May 4th: Reds Game Outing

May 22nd: Mental Health Talent Show

May 23rd: RCHC Wellness Symposium and Movie Night and T-shirt Making Inning

Member Spotlight: Hazel Goins

Interviewed by: Steven Switzer

How long have you been a member of Queen City Clubhouse?

Since 2023.

If you would like to share - why did you join the Queen City Clubhouse?

I heard about the outings, free lunches, and employment. I wanted to try something new.

What's your favorite part about being a member at Queen City Clubhouse?

I really like having opportunities for social activities and going to meetings. I like making dessert for the Clubhouse every week.

What is your favorite work unit at the clubhouse and why?

P.A.D. because I like working on Facebook, doing the lunch menu, and helping with the food pantry.

What good advice would you give to a new member - or someone who doesn't know a lot about Queen City Clubhouse?

I would tell them how fun it is and that it's a great place to be at. It's a learning experience.

What is one thing you have learned in the last month?

How to make desserts.

Who or What inspires you?

When I first came here, Ivanna introduced me to the Clubhouse. Later on, I met Sue and Natalie who also inspire me.

How would you define a clubhouse?

It's a wonderful place that has good people in it that I get along with. We do meetings together.

What is something you like to do for the clubhouse - or what would you like to do with the clubhouse in the future?

I would like to see other Clubhouses.

What are some of your favorite things to do in your spare time?

I like to read my bible, talk to god, talk to my best friend on the phone, walking, shopping, and watching TV.

What is a fun fact that most people don't know about you?

I am part Jewish.

